

Jeremy Cox

Associate Consultant

Jeremy specialises in the development of people to achieve both their own and organisational goals. He predominantly works in Cultural Change, Leadership Development, Team Building and Executive Coaching. He designs and facilitates workshops, presents at conferences and coaches individuals and business teams.



Career Outline

Jeremy has worked extensively across a broad range of industries and at all levels in business from CEO/Main Board of FTSE 100/Blue Chip companies through to the shop floor.

He began his career as a professional pianist, having studied at the Royal College of Music.

Seeking excitement and challenge, he was then commissioned into the Army, served with The Life Guards and the Paras and latterly taught leadership at the Royal Military Academy, Sandhurst. He subsequently worked for three years as a headhunter, recruiting senior level executives.

In 1997 Jeremy moved into developing rather than recruiting people and, since then, has worked with a wide range of high-profile organisations in both the public and private sectors.

Work Assignments

Jeremy has worked across a range of consultancy, coaching and development assignments, including:

- Designing and delivering cultural change programmes.
- Facilitating post-internal merger collaboration.
- Developing high-performing teams at main board and senior management levels.
- Director-level Coaching.
- Board-level strategy and development workshops.
- Designing and delivering organisation-wide leadership development programmes.
- Conceptual development and training.
- Consulting in organisational change.
- Working with 360 degree feedback tools, to support individual and organisational development.

Qualifications and Affiliations

Jeremy is qualified to British Psychological Society Full Level B, and studied Business Management at the University of Westminster.